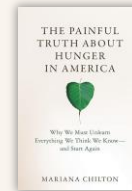


# The Painful Truth About Hunger in America



## About the Guest Speakers and Moderator

### Guest Speakers



**Mariana Chilton** is a professor of Health Management and Policy at Dornsife School of Public Health at Drexel University. She founded the Center for Hunger-Free Communities in 2004. Dr. Chilton served as the Co-Chair of the Bipartisan National Commission on Hunger. The commission was tasked with advising Congress and

the United States Department of Agriculture about how to end hunger in America. She has testified before the U.S. Senate and U.S. House of Representatives and has served as an advisor to Sesame Street and to the Institute of Medicine. She is the author of *The Painful Truth about Hunger in America* (The MIT Press). She has informed and appeared in documentaries such as the feature-length *Place at the Table* about hunger in the US and *Crowd and the Cloud* Citizen Science with Members of Witnesses to document water quality in Philadelphia. Her awards include the 40 under 40 award in Philadelphia, Manna, the Unsung Hero award from Women's Way, and the Hod Ogden award for public health practice.



**Jennifer W. Cadenhead** is the Executive Director of the Laurie M. Tisch Center for Food, Education & Policy and a Research Assistant Professor in the Program in Nutrition at Teachers College, Columbia University. She is a behavioral

nutrition scientist, educator, and registered dietitian nutritionist. Her research focuses on human diet patterns, including ultra-processed food consumption, food policy, and their impacts on nutrition security and health outcomes. Dr. Cadenhead has dedicated decades to volunteering with organizations that support children and nutrition security. Before transitioning into the field of nutrition, she worked as an actuarial consultant. She earned her undergraduate degree in mathematics and sociology from Duke University. She earned her dietetic credentials, master's, and doctoral degrees in public health nutrition and nutritional epidemiology at Teachers College, Columbia

University. She also completed postdoctoral training at Columbia University, clinical training at NewYork-Presbyterian Hospital, and research training at Columbia University's Dental School and Kaiser Permanente's Division of Research in Northern California.



**Jacquelyn Sullivan** Jacquelyn Sullivan is a Research Assistant at the CUNY Urban Food Policy Institute where she has been working since July 2023. She has a background in community-based food justice advocacy and human rights, receiving her M.A. in Human Rights Studies from

Columbia University in 2023. She is the Project Coordinator for the CUNY Good Food Jobs project where she works to strengthen New York City's food workforce and empower student food workers. She was previously the Project Coordinator for the Groceries to Go Evaluation project which sought to determine the program's impact on participant food security and overall health. Additionally, Sullivan works on a number of other research projects with the Institute, focusing on evaluations of local food programs through qualitative data collection and analysis.

### Moderator



**Nevin Cohen** is the Director of the CUNY Urban Food Policy Institute and Associate Professor of Public Health at the CUNY Graduate School of Public Health and Health Policy. For the past 10 years, his scholarly work has involved community-based research on urban food policy

and food systems disparities, and he is an expert on the food policies and policymaking processes of New York City where for 7 years he also held staff positions in city government. He is the author of *Beyond the Kale: Urban Agriculture and Social Justice Activism in NYC* (The University of Georgia Press).



**About the forum:** Join us for a book talk and presentation of “The Painful Truth about Hunger in America: Why We Must Unlearn Everything We Think We Know-and Start Again” (MIT Press, 2024) by Mariana Chilton, Professor of Health Management and Policy at Dornsife School of Public Health at Drexel University and founder of the Center for Hunger-Free Communities. Drawing on 25 years of research, programming, and advocacy efforts, Dr. Chilton compellingly demonstrates that food insecurity is created and maintained by people in power. The intimate interviews she conducted with many Black and Brown women reveal that the experience of hunger is rooted in trauma and gender-based violence— violence in our relationships with one another, with the natural world, and with ourselves—and that if we want to fix hunger, we must transform our society through compassion, love, and connection.

## Additional Resources

Chilton, M. (2024), [“The Painful Truth about Hunger in America,”](#) MIT Press. Use discount code **READMIT20** for 20% off

Gallegos, D., & Chilton, M. M. (2019). [Re-evaluating expertise: principles for food and nutrition security research, advocacy and solutions in high-income countries.](#) *International journal of environmental research and public health*, 16(4), 561.

Chilton, M., & Rabinowich, J. (2012). [Toxic stress and child hunger over the life course: three case studies.](#) *Journal of Applied Research on Children: Informing Policy for Children at Risk*, 3(1), 3.

Witnesses to Hunger, <https://drexel.edu/hunger-free-center/projects/witnesses-to-hunger/>

The Building Wealth and Health Network, <https://drexel.edu/hunger-free-center/projects/building-wealth-and-health-network/>

The EAT (Everyone At the Table) Café, <https://drexel.edu/hunger-free-center/projects/eat-cafe/> and <https://drexel.edu/hunger-free-center/projects/summer-meals/>

Cadenhead, J. W., McCarthy, J. E., Nguyen, T. T. T., Rodriguez, M., & Koch, P. A. (2022). [Qualitative study of participation facilitators and barriers for emergency school meals and pandemic electronic benefits \(P-EBT\) in an urban setting during COVID-19.](#) *Nutrients*, 14(16), 3358.

Koch, P. A., Greaves-Peters, N., & Cadenhead, J. W. (2023). [Nourishing Knowledge: Food Education Joins the Core Subjects in Schools.](#) *Journal of Nutrition Education and Behavior*, 55(9), 621-622.

Rothstein, R. (2017), [“The Color of Law: A Forgotten History of How Our Government Segregated America”](#), Liveright Publishing.

Price Discrimination: Robinson-Patman Violations: <https://www.ftc.gov/advice-guidance/competition-guidance/guide-antitrust-laws/price-discrimination-robinson-patman-violations>

CUNY Student Good Food Jobs: <https://cunyunurbanfoodpolicy.org/cuny-student-good-food-jobs/>

Fielding-Singh, P. (2021). [How the other half eats: The untold story of food and inequality in America.](#) Little, Brown Spark.

Kwate, N. O. A., (2023). [White Burgers, Black Cash: Fast Food from Black Exclusion to Exploitation](#), University of Minnesota Press.

Poppendieck, J. (2010). [Free for all: Fixing school food in America.](#) Univ of California Press.

Freudenberg, N. (2021). [At what cost: modern capitalism and the future of health.](#) Oxford University Press, USA.

Auerbach, M., & Civita, N. (2023). [Feeding Each Other: Shaping Change in Food Systems through Relationship.](#) John Hunt Publishing.

Szanton, S.L. et al., (2017) [Food assistance is associated with decreased nursing home admissions for Maryland’s dually eligible older adults](#), *BMC Geriatrics*, 17(1), 162.